

Mayor's Council On Substance Abuse Prevention  
Meeting Minutes  
10/3/19

PRESENT: Craig Turner, Youth & Social Services; Maria Harlow, United Way of Meriden & Wallingford; Stephen Civitelli, Health Department; Maren Odell, Child Guidance Clinic; Keller Schaffer, Youth & Social Services; Adriana Rodriguez, Spanish Community of Wallingford; Carlos Collazo, Ulbrich Boys & Girls Club; Ken Welch, Coalition for a Better Wallingford.

The Wallingford Health Improvement plan is being revived. It is required by the State Department of Health. Community Day event recently took place and there will be more events in the future.

Data Haven has taken a community health assessment of a small area of Wallingford which has shown anxiety is an issue in Wallingford. Another survey of a larger area of town will take place.

An informational packet is being assembled in conjunction with the Realtor's Association to be distributed to families moving into Wallingford

Celebrate Wallingford will be held 10/5 from 11 am – 6 pm and 10/6 from 11 am – 5 pm. There will be a health & wellness area, pumpkins to decorate, informational materials, Project Graduation and the Coalition's Passport Raffle (3 prizes each day). Wallingford Celebrates Natural High ceremony will take place Saturday at 7 pm on the Parade Grounds after Celebrate Wallingford.

The F.D.A. proposed in 2016 to the White House to take vaping completely off the shelf and that did not happen. Flavors need to be banned statewide.

Child Guidance Clinic has programs for children of all ages. There is a parenting group beginning, come and connect with other parents – 8 sessions.

Child Guidance Clinic and the Meriden Health Department are planning a current drug trends presentation on Weds. 11/13. More information will follow.

The Boys & Girls Club has an opening for Program Director who is responsible for youth development programs, managing some staff and facility. Membership has increased at the club, 60-75 kids last year has increased to 100 kids this year at the Wallingford site.

Spanish Community of Wallingford has been coordinating with Ulbrich Boys & Girls Club so that SCOW programs run Monday and Wednesday and Ulbrich Boys & Girls Club programs run Tuesday and Thursday. This way more youth can attend both organizations programs. SCOW has also been running CPR classes.

The Coalition has a new Program Director, Victoria. The group has two trainers who can do Suicide Prevention training. Full training session is 1.5 hours long, but can make it less time. A group of 5 or more people is needed to do the training.

Vaping, marijuana, Opioids, fentanyl battle. Kick started a movement to stop it from being legalized at the Legislature. The "Know the Risk" program needs funding to inform the public.

United Way is hosting an event for agencies that need Board members on October 30, 2019 at Club Lucent. Networking and refreshments provided. Agencies who are interested in attending will need to fill out a registration form.

Discussed frequency to hold meetings. It was decided to meet the 2<sup>nd</sup> Thursday of every other month at noon. The group does not meet during the summer. If anyone knows of any agencies that would be interested in joining the Mayor's Council On Substance Abuse Prevention let Craig know. The Mayor appoints members to the group.

#### NEXT MEETING

December 12, 2019  
12-1 pm