

**Wallingford Committee on Aging
Agenda
May 21, 2021**

Call to order @ 9:00 a.m.

Secretary's Report

- Vote to accept minutes of April 16, 2021 Meeting

Treasurer's Report

- Vote to accept monthly report of revenues and expenditures for April 2021
- Vote to accept April 2021 Program Account Report

Consent Agenda – Accept the following April 2021 reports as mailed/emailed:

- Executive Director
- Program Director
- Social Services
- Memory Lane
- Health Services

Staff Reports

- Executive Director
- Program Director

Old Business

- WSC Covid-19 – Facility Status Report
- FY 21-22 WCOA Budget update - Town Council review

New Business

- Pickle Ball Courts at WSC
- Staff Recognition
- Long Range Plan

Other Business: announcements, appointments, questions, items to be noted for the record of the meeting.

Adjournment (10:00 a.m.)

Next WCOA meeting – May 21, 2021

WALLINGFORD COMMITTEE ON AGING, INC.
April 16, 2021
MINUTES OF MEETING

ATTENDANCE: Karen Anderson, Anne Bernick, Tom Daly, Rosemary DeAngelis, Rocco DiGenova, Jane Fisher, Alberta Flynn, Susan Gomes, Ronald Graziani, Audrey Grove, Tara Knapp, Carolyn Massoni (guest), Karin Pyskaty (guest), John Rankin and William Viola

EXCUSED: Steven Allinson, Evangeline Bourgeois, Tom Finn, and Glenn Havumaki

ABSENT:

President Tom Daly called the meeting to order at 9:11 a.m.

William Viola welcomed new board members Susan Gomes, Audrey Grove and Tara Knapp, as well as returning former member John Rankin and also acknowledged new President Tom Daly and Vice-President Alberta Flynn. He noted the attendance of outgoing board members Karin Pyskaty and Carolyn Massoni and expressed great appreciation for their service to the board and the senior center.

SECRETARY'S REPORT

President Tom Daly asked if there were any additions or corrections to the March 19, 2021 Secretary's Report.

Rosemary DeAngelis made a motion to accept the March Secretary's Report as presented. Ron Graziani seconded the motion. The motion passed unanimously with Tara Knapp abstaining.

TREASURER'S REPORT

March 2021 Operating Account Report

Treasurer Ron Graziani reported for the month of March 2021. Receipts are \$615,613 which is \$37,112 below the budgeted amount of \$652,725. Expenditures are \$504,476 which is \$148,249 below the budgeted amount. This results in a net positive of \$111,137.

Anne Bernick made a motion to accept the March Operating Account Report. John Rankin seconded the motion. The motion passed unanimously.

March 2021 Program Account Report

Program Director Karen Anderson reported that activity is increasing and there is some revenue starting to come in but expenses will also increase with instructor payments. Classes are still at half capacity, and although registrations are increasing there is still some folks who are fearful of returning. A couple bus trips are being offered for late summer and fall. Once the building opens up more including Lake View Café, more people will come in to sign up and revenue will increase.

Ron Graziani made a motion to accept the March Program Account Report. Alberta Flynn seconded the motion. The motion passed unanimously.

CONSENT AGENDA

President Tom Daly asked that the Consent Agenda be accepted.

Tara Knapp made a motion to accept the March Consent Agenda. Jane Fisher seconded the motion. The motion passed unanimously.

STAFF REPORTS

Executive Director

ED Bill Viola reported that he conducted orientation to the board and the center for the three new members, Susan Gomes, Tara Knapp and Audrey Groves. He reviewed the weekend after the previous meeting in which he responded to several alarms at the center including a problem with the walk-in freezer caused by a rat who was caught in the fan blade of the outside condensing unit; then a further problem with the thermostat, with another due to a false alarm from the Memory Lane motion detector. Public Works has now removed all the globes on the hanging light fixtures in the Great Room for safety reasons after one fell and shattered unexpectedly. Building Architect Sam Sargeant reports that the globes are no longer available and is looking at potential replacements. Revised and approved Personnel Policies Procedures Manuals were distributed to all staff and signed acknowledgements are on file. Three WSC Bus Drivers were randomly selected for drug and alcohol testing through the program that the center participates in and all passed the tests as expected. All drivers are tested upon hire and are all subject to random and post-accident testing as part of this program. Quinnipiac University student volunteers came out for their "Big Event" Day to clean out our Agnes Campos Memorial Butterfly Garden which was constructed in 2005, by Roman Mrozinsky in memory of his mother. Joining the 9 students, along with Roman and myself, were garden club members Donna Bush, Martha & Jim Shea, plus Master Gardiner Ellie Tessmer. Everyone worked hard, the garden looks great although some bushes need to be replaced and the four giant piles of removed debris were then picked up by DPW on Tuesday. Still looking into possible installation of pickle ball courts but having trouble finding a responsive vendor. Tara Knapp reported that the vendor who installed pickle ball courts at Gaylord was excellent and will forward contact information to ED Viola.

Program Director

Program Director Karen Anderson reported that gym membership is up slightly and fitness classes have begun. There is an outdoor picnic and concert scheduled this month. Golf sign ups seem to be going strong and we are seeing more female golfers this year. Program Coordinator Erin has been looking into having Silver Sneakers approved for the senior center. Although Karen and Debby Voelker had been previously rebuffed, Erin seemed to be making some headway and members are making calls nominating the senior center to be added as a site and a number of insurance companies participate in this program. Erin has also been conducting a fitness class outdoors and was able to cover another class when the instructor was unavailable. Her fitness background has been a big asset. Members are asking about card playing, Mah Jongg and the continued need to wear masks and maintain social distancing.

OLD BUSINESS

WSC Covid-19 – Facility Status Report

ED Viola reported that the vaccine clinics have continued, and over 400 people came through yesterday and next Thursday will be the last large clinic held here. Health nurse Anne Bernick will continue to do small clinics out of her office on Fridays and the Health Dept. will continue

doing pop up clinics around town and targeting homebound individuals. According to Steve Civitelli, 92.7% of Wallingford residents age 75+ and 96% of those 65 to 74 have been vaccinated. For the month of April, we have been averaging 125 people per day. This is 50% of pre-pandemic attendance and seems to be increasing as people gain confidence and feel safer post vaccination. Our plan continues to be to officially reopen the Memory Lane Program which has already been doing a soft opening this month and to resume transportation to and from the center as of Monday, May 3rd. Still debating when to reopen Lake View Café. Hoping for some relaxation of either mandatory masking or distancing to make that a little easier. Asking through CASCP and the CT Department on Aging for some targeted relaxation for senior centers based on the high vaccination rates but not confident that will happen. Concerned that if we reopen Lake View Cafe that wearing masks and distancing will become very difficult to enforce.

FY 21-22 WCOA Budget Update – Public Hearing

ED Viola reported the meeting was delayed until there were enough Town Councilors to have a quorum. Once the meeting began there were no questions specific to the senior center except from Susan Huizenga from Local Access TV posting the question “How do nonprofits in town participate in the insurance plan such as the Senior Center does?” Town Councilors may still have questions for the senior center budget at the “Budget workshop” meeting on Tuesday, April 20th at 6:30 p.m. Also reviewed the changes to our budget requested by the mayor where \$90,000 (\$75,000 from operating and \$15,000 from transportation) will be subtracted from our request and replaced by carryover funds.

NEW BUSINESS

Review WCOA Committee Openings – Copies of the board chart committee listings were distributed. ED Viola reviewed openings, promotion of some members to Committee Chair and suggestions for filling open spots, many of which were filled in by the new members replacing those left by outgoing members. After discussion and review, all open slots were filled and a new chart will be distributed prior to the next meeting.

Future meeting time – Following brief discussion it was decided to keep the future WCOA meeting time at 9:00 a.m. instead of reverting to the pre-pandemic time of 8:30 a.m.

OTHER BUSINESS

ADJOURNMENT

Anne Bernick made the motion to adjourn. Rosemary DeAngelis seconded the motion. The motion passed unanimously.

The meeting adjourned at 10:22 a.m.

Respectfully submitted,

William Viola

William Viola
Executive Director

BJ

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FISCAL YEAR JULY 1, 2020-JUNE 30, 2021

| OPERATING & TRANSPORTATION ACCOUNT | BUDGET SUBMITTED | April 2021 ACTIVITY | TO DATE BALANCE FORWARD | YEAR TO DATE BALANCE | BUDGET UNDER or (OVER) |
|---|-------------------------|----------------------------|--------------------------------|-----------------------------|-------------------------------|
| Checking Account | | | | \$ 11,590.06 | |
| Checking Account 04/01/2021 | | \$ 117,875.31 | | | |
| <u>Receipts Operations</u> | | | | | |
| Town Contribution | \$ 628,964.00 | \$ 52,414.00 | \$ 471,726.00 | \$ 524,140.00 | \$ 104,824.00 |
| Memory Lane Income | \$ 60,500.00 | \$ - | \$ 3,205.00 | \$ 3,205.00 | \$ 57,295.00 |
| Interest | \$ 20.00 | \$ 0.45 | \$ 0.53 | \$ 0.98 | \$ 19.02 |
| Miscellaneous* | \$ - | \$ 5,564.00 | \$ 2,943.00 | \$ 8,507.00 | \$ (8,507.00) |
| Carryover Budgeted | \$ 4,852.00 | \$ 404.00 | \$ 3,636.00 | \$ 4,040.00 | \$ 812.00 |
| Total Receipts-Operations | \$ 694,336.00 | \$ 57,978.45 | \$ 481,510.53 | \$ 539,892.98 | \$ 154,443.02 |
| <u>Receipts Transportation</u> | | | | | |
| Town Contribution | \$ 169,250.00 | \$ 14,691.00 | \$ 132,219.00 | \$ 146,910.00 | \$ 22,340.00 |
| Bus Income | \$ 5,100.00 | \$ 159.00 | \$ 668.00 | \$ 827.00 | \$ 4,273.00 |
| Carryover Budgeted | \$ 1,617.00 | \$ 135.00 | \$ 1,215.00 | \$ 1,350.00 | \$ 267.00 |
| Total Receipts-Transportation | \$ 175,967.00 | \$ 14,850.00 | \$ 134,102.00 | \$ 149,087.00 | \$ 26,880.00 |
| TOTAL ALL RECEIPTS | \$ 870,303.00 | \$ 72,828.45 | \$ 615,612.53 | \$ 688,979.98 | \$ 181,323.02 |
| <u>Disbursements Operations</u> | | | | | |
| Salaries | \$ 493,598.00 | \$ 32,449.55 | \$ 311,359.83 | \$ 343,809.38 | \$ 149,788.62 |
| Payroll Taxes | \$ 42,512.00 | \$ 2,952.70 | \$ 23,918.26 | \$ 26,870.96 | \$ 15,641.04 |
| Pensions | \$ 24,694.00 | \$ 1,651.92 | \$ 12,542.55 | \$ 14,194.47 | \$ 10,499.53 |
| Health Benefits | \$ 68,350.00 | \$ 5,682.15 | \$ 56,416.20 | \$ 62,098.35 | \$ 6,251.65 |
| Workers Comp | \$ 3,695.00 | \$ 282.00 | \$ 2,154.50 | \$ 2,436.50 | \$ 1,258.50 |
| Staff Travel | \$ 1,635.00 | \$ - | \$ 586.56 | \$ 586.56 | \$ 1,048.44 |
| Meetings, Seminars, Dues | \$ 3,300.00 | \$ 109.18 | \$ 1,134.93 | \$ 1,244.11 | \$ 2,055.89 |
| Liability Insurance | \$ 11,759.00 | \$ - | \$ 14,385.00 | \$ 14,385.00 | \$ (2,626.00) |
| Telephone | \$ 1,770.00 | \$ 149.96 | \$ 1,643.15 | \$ 1,793.11 | \$ (23.11) |
| Office Expenses/Supplies | \$ 7,000.00 | \$ 190.52 | \$ 3,238.81 | \$ 3,429.33 | \$ 3,570.67 |
| Equipment | \$ 2,000.00 | \$ - | \$ 737.93 | \$ 737.93 | \$ 1,262.07 |
| Maintenance/Repair | \$ 3,000.00 | \$ - | \$ 1,418.47 | \$ 1,418.47 | \$ 1,581.53 |
| Facility Expenses & Suppl | \$ 7,872.00 | \$ 915.54 | \$ 9,075.72 | \$ 9,991.26 | \$ (2,119.26) |
| Audit | \$ 6,800.00 | | \$ 6,900.00 | \$ 6,900.00 | \$ (100.00) |
| Memory Lane Expenses | \$ 9,000.00 | | \$ 263.00 | \$ 263.00 | \$ 8,737.00 |
| Miscellaneous* | | | | \$ 0.00 | \$ - |
| Town Building Lease | \$ 1.00 | | \$ 1.00 | \$ 1.00 | \$ - |
| Postage | \$ 350.00 | | | \$ - | \$ 350.00 |
| Printing | \$ 1,800.00 | | \$ 11.88 | \$ 11.88 | \$ 1,788.12 |
| Prof Services | \$ 4,400.00 | \$ 414.49 | \$ 3,362.66 | \$ 3,777.15 | \$ 622.85 |
| Continuing Ed & Training | \$ 800.00 | | | \$ - | \$ 800.00 |
| Disbursements Operations | \$ 694,336.00 | \$ 44,798.01 | \$ 449,150.45 | \$ 493,948.46 | \$ 200,387.54 |

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FY JULY 1, 2020-JUNE 30, 2021

| OPERATING & TRANSPORTATION ACCOUNT | ANNUAL BUDGET | March 2020 ACTIVITY | TO DATE BALANCE FORWARD | YEAR TO DATE BALANCE | BUDGET UNDER or (OVER) |
|---|----------------------|---------------------|-------------------------|----------------------|------------------------|
| Disbursements-Transportation | | | | | |
| Salaries-Drivers | \$ 110,485.00 | \$ 5,881.93 | \$ 37,352.53 | \$ 43,234.46 | \$ 67,250.54 |
| Payroll Taxes | \$ 9,967.00 | \$ 761.54 | \$ 3,802.24 | \$ 4,563.78 | \$ 5,403.22 |
| Pensions | \$ 5,543.00 | | \$ 36.88 | \$ 36.88 | \$ 5,506.12 |
| Health Benefits | \$ 20,385.00 | \$ 225.00 | \$ 471.96 | \$ 696.96 | \$ 19,688.04 |
| Workers Compensation | \$ 7,503.00 | \$ 848.00 | \$ 6,526.24 | \$ 7,374.24 | \$ 128.76 |
| Maintenance | \$ 6,400.00 | \$ - | \$ 2,562.41 | \$ 2,562.41 | \$ 3,837.59 |
| Fuel | \$ 13,715.00 | \$ - | \$ 2,198.57 | \$ 2,198.57 | \$ 11,516.43 |
| Insurance | \$ 1,968.00 | | \$ 2,374.00 | \$ 2,374.00 | \$ (406.00) |
| Bus Lease | \$ 1.00 | | \$ 1.00 | \$ 1.00 | \$ - |
| Disbursements-Transportation | \$ 175,967.00 | \$ 7,716.47 | \$ 55,325.83 | \$ 63,042.30 | \$ 112,924.70 |
| TOTAL DISBURSEMENTS | \$ 870,303.00 | \$ 52,514.48 | \$ 504,476.28 | \$ 556,990.76 | \$ 313,312.24 |
| Checking Account 04/30/2021 | | \$ 138,189.28 | | \$ 143,579.28 | |
| | | | | \$ 5,390.00 | Sheet 1 E13 + E 19 |
| | | | | \$ 138,189.28 | |
| Checkbook Balance 6/30/19 | \$14,061.67 | | | | |
| Allocated to 2020/21 budget | \$6,469.00 | | | | |
| Unallocated remainder for 2021/2022 | \$5,121.00 | | | | |
| <i>* Miscellaneous is Credit From Workers Comp. total of 8,509.00</i> | | | | | |

**WALLINGFORD SENIOR CENTER
EXECUTIVE DIRECTOR'S REPORT
APRIL 2021**

GENERAL STATISTICS

| | |
|--|--------------------------------|
| Days of Service: 21 | Memory Lane Units: 0 |
| Recorded Attendance: 3675 (1071-vaccine) | Health Service Units: |
| Transportation Units: 213 | New Members Added: 14 |
| Community Café Meals: 0 | Members Deleted: 16 |
| Social Service Units: 0 | Total Registered Members: 3977 |

EXECUTIVE DIRECTOR APPOINTMENTS

MONTHLY MEETINGS

| | |
|-----------|--------------------------------|
| suspended | Member Advisory Council |
| 04-16-21 | Wallingford Committee on Aging |
| 04-30-21 | Staff Meeting |

SPECIAL MEETINGS

| | |
|----------|---|
| 04-01-21 | Francine Mador, WSC Member, Re: post updated support group information |
| 04-01-21 | Don Lanoue, DPW, Re: repairs to Emergency lights and Exit signs |
| 04-05-21 | Mike Gonzales, GTG Computers, Re: problem with printing from WSC computers |
| 04-06-21 | Dave Petro, Transportation Coordinator, Re: drivers selected for D & A testing |
| 04-08-21 | Mike Mancino, Electrician, Re: coordinate lift to remove globes in Great Room |
| 04-10-21 | Roman Mrowzinski and Ellie Tessmer, Re: coordinate butterfly garden clean out |
| 04-12-21 | Attended (virtually)Town Council meeting – Public Hearing on FY 21-22 budget |
| 04-12-21 | Debbie Markiewicz, Memory Lane Coordinator, Re: plan for reopening program |
| 04-15-21 | Jim Bowes, Comptroller, Re: sign Grant Certificate and Maintenance of Effort forms for town share of GNHTD Regional Rides funding |
| 04-15-21 | Attended Zoom CASCP meeting with CT Aging Commissioner Amy Porter Re: reopening status, legislative priorities and state programs |
| 04-20-21 | Attended (virtually)Town Council meeting: council questions on FY 21-22 budget |
| 04-22-21 | Ron Graziani, WCOA Treasurer, Re: review budget adjustments, sign checks |
| 04-23-21 | Linda Craig, Owner, Always Best Care, Re: marketing materials, sponsorship |
| 04-26-21 | Abi T., Repair Tech, Reliable Refrigeration, Re: service/cleaning ice machine |
| 04-26-21 | Tom, Service Tech, Advantage Fitness, Re: preventative maintenance |
| 04-27-21 | Gary Kroeber, Re: Suzanne health status and LVC reopening |
| 04-27-21 | Debbie Markiewicz, Memory Lane Coordinator, Re: ML Assistant position |
| 04-29-21 | Attended CASCP Board meeting (2PM) and regular meeting (3PM) via Zoom Re: upcoming plans and reopening roundtable |
| 04-29-21 | Ron Graziani, WCOA Treasurer, Re: debit card hacked - replaced, sign checks |
| 04-30-21 | Kathy McCoy, Memory Lane Assistant, Re: elimination of position |

EXECUTIVE DIRECTOR NARRATIVE REPORT FOR APRIL 2021 PERSONNEL & BUDGET

- Center Closed Friday April 2, 2021 for Good Friday Holiday.
- Executive Director took vacation days 4-9 and 4-23-21.
- Administrative Assistant on medical leave 4-13 through 5-3-21.
- Attended (virtually) Town Council Public Hearing 4-12-21 and Budget Workshop 4-20-21 with no questions at either meeting. Revised/reduced WSC FY 21-22 budget based on Mayor's recommendation to use carryover funds and reviewed with WCOA Treasurer Ron Graziani and Office Manager Carmela DiCesare.
- Following meetings with Memory Lane Coordinator and after reviewing with WCOA, decided to reduce scope (census and participant acuity level) of Memory Lane Program and eliminate ML Assistant position. Met with Kathy McCoy on 4-30-21 to inform her of this decision. All owed vacation time payed out to her 5-4-21.
- Lake View Café limited reopening in June discussed with Suzanne Kroeber via text and in person with her husband Gary on 4-27-21.
- Six unusual charges (less than \$500 total) on WSC debit card noted by Office Manager on 4-27-21. Key Bank contacted immediately and provided information, card cancelled, dispute of charges and new card issued and received two days later. Restoration of charges anticipated following investigation by Key Bank. WCOA Treasurer notified.
- Three WSC Bus Drivers were randomly selected for drug testing, with two also tested for alcohol as part of our program with Occupational Drug Testing.
- Updated Personnel Policies Procedures Manuals were distributed to all staff with signed receipt acknowledgements requested and placed in personnel files.

FACILITY & EQUIPMENT

- DPW in on 4-1-21 to replace batteries in Exit signs and Emergency lights in various areas; also delivered toilet paper and paper towels.
- Worked with Mike Gonzales, GTG Computers to repair/resolve problem with delayed printing due to Google Chrome issue on 4-5-21. Also coordinated purchase of 18 Microsoft licenses for MS Office 2019 through Tech Soup at nonprofit discount (\$39 each) to facilitate planned upgrade on all WSC PC's and laptops.
- Kitchen ice machine cleaned and serviced by Reliable Refrigeration on 4-26-21.
- Semi Annual preventative maintenance provided to all Club 60 Plus equipment by Tom from Advantage Fitness on 4-26-21.

OTHER

- Coordinated annual clean out of Agnes Campos Memorial Butterfly Garden with eight Quinnipiac Student Volunteers, plus garden creator Roman Mrowzinski, Master Gardener Ellie Tessmer and Garden Club members Donna Bush, Martha & Jim Shea and myself on Saturday 4-10-21. Lunch for all was provided by the center and DPW removed all piled debris the following Tuesday.
- Wallingford Health Department held Covid-19 vaccination clinics at WSC on Thursdays 4-1, 4-8, 4-15 and 4-2-21. Additional mini clinics were held on Friday 4-9 and 4-16-21. Wallingford Senior Center staff and volunteers provided support and building access for these clinics in which over 1,070 vaccines were administered.
- Worked with AARP Tax Aide Volunteer Coordinator Eva Lamothe and other volunteers to facilitate a continued smooth process for the tax services until they ended on 4-21-21.
- Assisted Program staff throughout the month with set up and technology issues for programs.

PROGRAM DIRECTOR'S REPORT

April, 2021 21 DAYS

| WEEKLY ACTIVITY | PD INSTRUCTOR | VOLUNTEER-LED | SESSIONS | ATTENDED |
|----------------------------|----------------------|----------------------|-----------------|-----------------|
| A Matter of Balance | X | | 0 | 0 |
| Arthritis Exercise Class | X | | 0 | 0 |
| Bible Discussion Group | | X | 0 | 0 |
| Bocce | | X | 0 | 0 |
| Bridge (Tuesday & Friday) | | X | 0 | 0 |
| Canasta | | X | 0 | 0 |
| Cards/Nickel-Nickel | | X | 0 | 0 |
| Cribbage | X | X | 0 | 0 |
| Current Events | | X | 0 | 0 |
| Gentle Exercise | | X | 0 | 0 |
| Gentle Pilates | | X | 0 | 0 |
| Golf League | X | | 0 | 0 |
| Hawaiian Dance | | X | 0 | 0 |
| Mah Jongg & MJ Lessons | X | | 0 | 0 |
| Massage | X | | 0 | 0 |
| Paint Party | X | | 0 | 0 |
| Pickleball | | X | 0 | 0 |
| Ping Pong | | X | 0 | 0 |
| Pinochle | X | | 0 | 0 |
| Rummikub | X | | 0 | 0 |
| Scrabble | | X | 0 | 0 |
| Senior Fitnessize | | X | 0 | 0 |
| Set Back | X | | 0 | 0 |
| Texas Hold'em | | | 0 | 0 |
| Thursday Evening Dinner | | | 0 | 0 |
| Wallingford Sound Chorus | | | 0 | 0 |
| Zumba Gold - Mon and Fri | X | | 0 | 0 |
| Art Appreciation | | X | 1 | 16 |
| Thursday Evening Cabaret | | | 1 | Cancelled |
| Dance Lessons Tuesday | | X | 4 | 49 |
| Drumming for Parkinsons | X | | 4 | 5 |
| Fun with Fitness | | X | 4 | 23 |
| Knitters and Crocheters | X | | 4 | 30 |
| Quilting | | X | 4 | 12 |
| Tai Chi | X | | 4 | 10 |
| Tap Dance | | X | 4 | 28 |
| Artist Studio | | X | 5 | 12 |
| Healthy Moves | X | | 8 | 50 |
| Parkinson's Fitness Class | | | 8 | 46 |
| Strength and Balance Class | X | | 8 | 62 |
| Tai Chi for Health | | X | 8 | 60 |
| Yoga | | | 8 | 49 |
| Bingo | | X | 9 | 256 |
| Dance Parties Tues/Thurs | X | | 9 | 38 |
| Total Fitness | X | | 16 | 109 |
| Billiards | | X | 21 | 91 |

PROGRAM DIRECTOR'S REPORT

April, 2021 21 DAYS

| | | | | | |
|--|-----------------------|--------------|--|-----------------|---|
| Groups and Workshops | | | | | |
| A.G.E. Workshop | | | | 1 | 9 |
| Balance Workshops | | | | 0 | 0 |
| Chakra 101 | | | | 0 | 0 |
| Drum Circle @ SCOW | | | | 0 | 0 |
| Genealogy Workshop | | | | 1 | 8 |
| Guided Imagery | | | | 0 | 0 |
| iPad Users' Group | | | | 1 | 1 |
| Paint Party | | | | 0 | 0 |
| Reiki Certification Class | | | | 0 | 0 |
| Scarves to Dye For | | | | 0 | 0 |
| GROUPS & WKSHOPS TOTALS | | | | 72 | |
| USE OF THE FACILITY BY OTHER GROUPS | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| TRAVEL PROGRAM | | | | | |
| TRIP | TRAVEL COMPANY | DATES | | ATTENDED | |
| | | | | 0 | |
| TRAVEL PROGRAM TOTAL | | | | | |
| MEETINGS ATTENDED BY PROGRAM DIRECTOR | | | | | |
| WCOA | | 4/16/2021 | | | |
| Staff Meeting | | 4/30/2021 | | | |
| April Notes: | | | | | |
| | | | | | |
| | | | | | |
| <p>Fitness classes resumed the first week of April. Participation is still at 50% capacity. We are hoping to increase the capacity for each class.</p> <p>Two bus trip registrations held in April. Both trips filled very quickly.</p> <p>Still working on having our members call and recommend the senior center for the silver sneakers program.</p> <p>Golf started early May. Bocce started early May.</p> <p>Outdoor programs resumed in April. Outdoor picnics at lunch time and evening concerts.</p> | | | | | |

Social Services Report
Eileen F. Flynn, LMSW, MS
Social Worker
April 2021

During the month of April the Social Worker continued to have meetings by telephone. Renewals and applications for other State and Federal programs were also completed by telephone or applications were mailed to the senior and then they called if they had any questions, and the Social Worker assisted the individual with completion of the paperwork.

In-office appointment will begin on a limited bases in May. More seniors have reached out looking for housing this month than in the past year. It seems that individuals are beginning to be willing to engage in changing living situations. Unfortunately, many seniors are unable to meet the increases in rents to apartments in Wallingford where the average rent is approximately \$1300.00 for a one-bedroom apartment. Wallingford Senior Housing is not accepting applications at this time and even if a person applied when the waiting list is open, it may be two to three years before they are called about an available apartment.

There are increasing concerns for senior who have only Social Security income because the cost of living is increasing more rapidly than their income. Seniors are also becoming somewhat dependent on stimulus checks as well as increased benefits to the SNAP program.

WALLINGFORD SENIOR CENTER
MEMORY LANE REPORT
APRIL 2020

GENERAL STATISTICS:

| | | | |
|---------------------|----|-----------------------|------|
| Active Participants | 11 | Days of Service | 10 |
| Wallingford | 08 | Service units actual | 48 |
| Out of town | 03 | Service units budget | 105 |
| New | 01 | Service units if full | 150 |
| Discharged | 00 | Average attendance | 4.8 |
| Referrals | 02 | Budgeted attendance | 10.5 |
| Assessments | 02 | Capacity attendance | 15 |

Regular Meetings:

04/06/21 Meeting w/Eileen Flynn, Social Worker
04/20/21 Meeting w/Eileen Flynn, Social Worker

Other Meetings:

None.

Marketing Meetings:

I continue to be in contact with other facilities. I recently reached out to another Adult Day Program in the area to see how their census and staffing was after the Covid. They were down members and staff.

Qualitative Statement:

The Memory Lane Program had a soft opening for the month of April. I was able to have six clients at a time and a volunteer. Most people were very anxious to come back. They had to bring their own lunch, which they were happy to do. I was open two days the first two weeks and three days the last two weeks. I had a new lady start the program. She is a wonderful addition to the program. I am still assessing members to see who is still a good fit for our program. Family members are resistant and would like their members to stay in the program. I am trying to give the clients time to readjust before I make a final decision. Many of them have been isolated for over a year. They are slow to come back cognitively and socially. I am slowly advising them and making suggestions for other programs. All of our clients and volunteers have to show proof of their two vaccines. It has been wonderful seeing families and clients again. When we can, I hope to grow our program again. Enjoy this spring weather.

Warm Regards,

Debbie Markiewicz
Memory Lane Coordinator