

**Wallingford Committee on Aging
Agenda
December 17, 2021**

Call to order @ 9:00 a.m.

Secretary's Report

- Vote to accept minutes of November 19, 2021 Meeting

Treasurer's Report

- Vote to accept monthly report of revenues and expenditures for November 2021
- Vote to accept November 2021 Program Account Report

Consent Agenda – Accept the following November 2021 reports as emailed:

- Executive Director
- Program Director
- Social Services
- Memory Lane

Staff Reports

- Executive Director
- Program Director

Old Business

- Pickle Ball Courts at WSC
- LRP update

New Business

- 2022 Meetings, Elections
- Budget FY 2022/23

Other Business: announcements, appointments, questions, items to be noted for the record of the meeting.

Adjournment (10:00 a.m.)

Next WCOA meeting – January 21, 2022

WALLINGFORD COMMITTEE ON AGING, INC.
November 19, 2021
MINUTES OF MEETING

ATTENDANCE: Steven Allinson, Karen Anderson, Evangeline Bourgeois, Tom Daly, Rosemary DeAngelis, Rocco DiGenova, Jane Fisher, Susan Gomes, Ronald Graziani, Audrey Grove, Glenn Havumaki and Tara Knapp, Deb Markiewicz and William Viola.

EXCUSED: Anne Bernick and Alberta Flynn

ABSENT: Tom Finn and John Rankin

President Tom Daly called the meeting to order at 9:06 a.m.

SECRETARY'S REPORT

President Tom Daly asked if there were any additions or corrections to the October 15, 2021 Secretary's Report.

Ron Graziani made a motion to accept the October Secretary's Report as presented. Audrey Grove seconded the motion. The motion passed unanimously.

TREASURER'S REPORT

October 2021 Operating Account Reports

Treasurer Ron Graziani reported ending October 31, 2021. Receipts are \$283,866 which is \$5,198 below the budgeted amount of \$289,064. Expenditures are \$283,614 which is \$5,450 below the budgeted amount. This results in a net positive of \$252.

Tara Knapp made a motion to accept the October Operating Account Report. Glenn Havumaki seconded the motion. The motion passed unanimously.

October 2021 Program Account Report

Program Director Karen Anderson reported that the program account is in the positive. Have not reconciled the Dinner With Friends yet, but will be splitting the proceeds with the theater company. The Center did very well on the Holiday Fair and netted over \$6,000 and added with the tag sale, made over \$7,000. Lake View is making a small profit. Things are slow and steady.

Rosemary DeAngelis made a motion to accept the October Program Account Report. Jane Fisher seconded the motion. The motion passed unanimously

CONSENT AGENDA

President Tom Daly asked that the Consent Agendas be accepted.

Sue Gomes made a motion to accept the October Consent Agenda. Steve Allinson seconded the motion. The motion passed unanimously.

STAFF REPORTS

Executive Director

ED Bill Viola reported that he appreciated his vacation last month, as it was very refreshing and had a good time. Great to have staff to rely on and have peace of mind. Was confident to have auditor here in his absence. Carmella is doing a great job. The appropriate reports were filed and copies sent to the Mayor, Comptroller and Town Council. Posted online on the GuideStar website resulting in a Gold Seal of Transparency. Every day it feels like pre-pandemic times; this past Wednesday the parking lot was full. Thanked Karen and Erin for all their work with the fair and the play. Both required a lot of extra physical work and extra hours. The credit card implementation is still being worked on by Dave and Carmela. Hopefully, we will be able to have credit card charges at the front desk in the near future. The new social services coordinator is settling in nicely. She is taking appointments and overseeing the fuel assistance program. ED Viola will have her attend a board meeting after the first of the year. Lots of preventative maintenance going on at this time. The ice machine in Lake View Café has been problematic and may have to purchase a new one. It was purchased 2003 and a new one will probably cost about \$2,000. Busy time of year with numerous holiday parties. Will have a staff Christmas party December 22 and give staff small Christmas bonuses.

Program Director

Program Director Karen Anderson stated that, like ED Viola previously said more people are starting to come back. Reviewed some of the events that were held at the Center. The flu clinic provided by the VNA of Wallingford did 54 shots with 2 nurses and 1 administrator. Holiday fair went well, attendance was steady but not great. The Center netted \$6,600 and gave the various break downs of money made. Working on trips for 2022 and 2023. Several different drives going on now, with bins in the foyer. AARP has not made a decision regarding in-person or phone tax preparation appointments; also, their driving class may not take place in February. Christmas breakfast is scheduled but don't know if Lyman Hall Chorus can come this year. If not, will arrange some other entertainment.

Memory Lane Coordinator

Deb Markiewicz stated that she was happy to be at the meeting. She has been at the Senior Center 7 years in February. Before Covid, a lot of Memory Lane members were aging but being closed for so long change is a chance to regroup and make the program a little different than it was. A lot of past members were not able to come back. Right now, the new group ranges from 66 to 97 and it's a very hardy group. Maximum number is 15 and Mondays and Wednesdays there are 13. It has been great using a person per diem to help out and she has done a really good job. So far it has been manageable. ED Viola and I have been watching the program. Now that it is picking up have discussed 2 part-time positions. Tweaking the job description. Pleased with the program's recovery from Covid.

OLD BUSINESS

Pickle Ball Courts at WSC

ED reached out to the contact at Eversource, but he hasn't heard back. Started looking at another location, i.e., in the back, down off the trail. It has potential. But have also been talking to Park and Recreation that is the direction now.

LRP Update

ED Viola put out questionnaires at Celebrate Wallingford, the library, and on the website and got about 150 responses. Not a lot of non-members responded, only about a dozen. Had a volunteer compiling them for the committee to look at all the information and discuss at the next meeting.

NEW BUSINESS

OTHER BUSINESS

ADJOURNMENT

Rosemary DeAngelis made the motion to adjourn. Steve Allinson seconded the motion. The motion passed unanimously.

The meeting adjourned at 10:00 a.m.

Respectfully submitted,



Beth Johnson
Administrative Assistant

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FISCAL YEAR JULY 1, 2020-JUNE 30, 2021

OPERATING & TRANSPORTATION ACCOUNT	BUDGET SUBMITTED	November 2021 ACTIVITY	TO DATE BALANCE FORWARD	YEAR TO DATE BALANCE	BUDGET UNDER or (OVER)
Checking Account 07/01/2021				\$ 115,520.89	
Checking Account 11/01/2021		\$ 84,065.94			
Receipts Operations					
Town Contribution	\$ 560,206.00	\$ 46,684.00	\$ 186,736.00	\$ 233,420.00	\$ 326,786.00
Memory Lane Income	\$ 60,500.00	\$ 5,165.00	\$ 13,800.00	\$ 18,965.00	\$ 41,535.00
Interest	\$ 20.00	\$ 0.44	\$ 2.32	\$ 2.76	\$ 17.24
Miscellaneous*	\$ -	\$ 2,759.00	\$ 1,200.00	\$ 3,959.00	\$ (3,959.00)
Carryover Budgeted	\$ 78,841.00	\$ 3,841.00	\$ 1,620.00	\$ 1,620.00	\$ 77,221.00
Total Receipts-Operations	\$ 699,567.00	\$ 54,608.44	\$ 203,358.32	\$ 257,966.76	\$ 441,600.24
Receipts Transportation					
Town Contribution	\$ 147,596.00	\$ 12,300.00	\$ 49,200.00	\$ 61,500.00	\$ 86,096.00
Bus Income	\$ 3,750.00	\$ 334.00	\$ 1,221.00	\$ 1,555.00	\$ 2,195.00
Carryover Budgeted	\$ 16,280.00	\$ 1,280.00	\$ 525.00	\$ 525.00	\$ 15,755.00
Total Receipts-Transportation	\$ 167,626.00	\$ 12,634.00	\$ 50,946.00	\$ 63,580.00	\$ 104,046.00
TOTAL ALL RECEIPTS	\$ 867,193.00	\$ 67,242.44	\$ 254,304.32	\$ 321,546.76	\$ 545,646.24
Disbursements Operations					
Salaries	\$ 493,598.00	\$ 38,756.73	\$ 158,040.05	\$ 196,796.78	\$ 296,801.22
Payroll Taxes	\$ 42,378.00	\$ 2,937.84	\$ 12,212.11	\$ 15,149.95	\$ 27,228.05
Pensions	\$ 24,680.00	\$ 3,880.48	\$ 6,479.02	\$ 10,359.50	\$ 14,320.50
Health Benefits	\$ 71,979.00	\$ 7,294.33	\$ 30,322.27	\$ 37,616.60	\$ 34,362.40
Workers Comp	\$ 2,942.00		\$ 564.00	\$ 564.00	\$ 2,378.00
Staff Travel	\$ 1,680.00		\$ 242.53	\$ 242.53	\$ 1,437.47
Meetings, Seminars, Dues	\$ 3,250.00	\$ 66.01	\$ 854.28	\$ 920.29	\$ 2,329.71
Liability Insurance	\$ 14,739.00	\$ 933.00	\$ 6,871.00	\$ 7,804.00	\$ 6,935.00
Telephone	\$ 1,770.00	\$ 179.17	\$ 587.90	\$ 767.07	\$ 1,002.93
Office Expenses/Supplies	\$ 6,800.00	\$ 441.41	\$ 1,702.28	\$ 2,143.69	\$ 4,656.31
Equipment	\$ 2,000.00		\$ 1,697.64	\$ 1,697.64	\$ 302.36
Maintenance/Repair	\$ 3,000.00	\$ 261.04	\$ 5,534.01	\$ 5,795.05	\$ (2,795.05)
Facility Expenses & Suppl	\$ 7,900.00	\$ 1,365.69	\$ 2,832.65	\$ 4,198.34	\$ 3,701.66
Audit	\$ 6,900.00		\$ 7,100.00	\$ 7,100.00	\$ (200.00)
Memory Lane Expenses	\$ 8,500.00	\$ 686.00	\$ 656.00	\$ 1,342.00	\$ 7,158.00
Miscellaneous*				\$ 0.00	\$ -
Town Building Lease	\$ 1.00		\$ 1.00	\$ 1.00	\$ -
Postage	\$ 350.00	\$ -	\$ 5.31	\$ 5.31	\$ 344.69
Printing	\$ 1,600.00	\$ 11.88	\$ 17.19	\$ 29.07	\$ 1,570.93
Prof Services	\$ 4,700.00	\$ 385.83	\$ 1,819.38	\$ 2,205.21	\$ 2,494.79
Continuing Ed & Training	\$ 800.00			\$ -	\$ 800.00
Disbursements Operations	\$ 699,567.00	\$ 57,199.41	\$ 237,538.62	\$ 294,738.03	\$ 404,828.97

WALLINGFORD COMMITTEE ON AGING

OPERATING ACCOUNT

FY JULY 1, 2020-JUNE 30, 2021

OPERATING & TRANSPORTATION ACCOUNT	ANNUAL BUDGET	November 2020 ACTIVITY	TO DATE BALANCE FORWARD	YEAR TO DATE BALANCE	BUDGET UNDER or (OVER)
Disbursements-Transportation					
Salaries-Drivers	\$ 112,639.00	\$ 8,416.32	\$ 34,961.99	\$ 43,378.31	\$ 69,260.69
Payroll Taxes	\$ 10,161.00	\$ 737.33	\$ 3,048.47	\$ 3,785.80	\$ 6,375.20
Pensions	\$ 5,623.00		\$ -	\$ -	\$ 5,623.00
Health Benefits	\$ 13,107.00	\$ -	\$ 112.00	\$ 112.00	\$ 12,995.00
Workers Compensation	\$ 9,354.00		\$ 1,696.00	\$ 1,696.00	\$ 7,658.00
Maintenance	\$ 6,000.00		\$ 1,517.03	\$ 1,517.03	\$ 4,482.97
Fuel	\$ 8,248.00	\$ -	\$ 2,152.16	\$ 2,152.16	\$ 6,095.84
Insurance	\$ 2,493.00	\$ -	\$ 2,587.00	\$ 2,587.00	\$ (94.00)
Bus Lease	\$ 1.00		\$ 1.00	\$ 1.00	\$ -
Disbursements-Transportation	\$ 167,626.00	\$ 9,153.65	\$ 46,075.65	\$ 55,229.30	\$ 112,396.70
TOTAL DISBURSEMENTS	\$ 867,193.00	\$ 66,353.06	\$ 283,614.27	\$ 349,967.33	\$ 517,225.67
Checking Accoun 11/30/2021		\$ 84,955.32		\$ 87,100.32	
				\$ 2,145.00	Sheet 1 E13 + E 19
				\$ 84,955.32	
Checkbook Balance 6/30/2021	\$115,520.89				
Allocated to 2020/21 budget	\$5,121.00				
Unallocated remainder for 2021/2022	\$110,339.89				
*** Miscellaneous Money that	was given from Workers Comp. A total of 8,507.00				

**WALLINGFORD SENIOR CENTER
EXECUTIVE DIRECTOR'S REPORT
NOVEMBER 2021**

GENERAL STATISTICS

Days of Service: 19	Memory Lane Units: 162
Recorded Attendance: 2,732	Health Service Units:
Transportation Units: 630	New Members Added: 21
Community Café Meals: 196	Members Deleted: 13
Social Service Units: 589	Total Registered Members: 3967

EXECUTIVE DIRECTOR APPOINTMENTS

MONTHLY MEETINGS

	Member Advisory Council (Suspended-UFN)
11-19-21	Wallingford Committee on Aging (Did not attend, submitted written report)
11-01-21	Staff Meeting

SPECIAL MEETINGS

11-01-21	Betsy Carta, Polling Official, Re: building access and set up for election on 11-2-21
11-01-21	Emalee Pawlowski, Bus Aide, Re: concerns with transportation and passengers
11-02-21	John Andrulatis, Bus Driver, Re: concerns with transportation and passengers
11-03-21	Steve Civitelli, Health Director, Re: logistics for booster shot clinic at WSC with Hartford Healthcare and Wallingford Health Department
11-03-21	Mike Mancino, Electrician, Re: repair & replace emergency lights in the Fitness room
11-04-21	Carmela DiCesare, Office Manager, Re: various financial and personnel issues
11-08-21	Don Lanoe, Foreman, DPW, Re: lawn irrigation system repairs and shut down
11-09-21	Erin Ambler, Program Coordinator, Re: Veterans Day Program
11-12-21	Ben Concepcion, Technician, Encore Fire Protection, Re: Fire Sprinkler inspection
11-12-21	Lindsay Bowman, Volunteer, Re: tools needed for Memory Lane garden areas
11-15-21	Mary Glynn, LVC Manager, Re: supply issue with Thurston's for Thanksgiving Lunch
11-16-21	Ellen Gallow, Joel Cox, Chris Wante and Eileen Faust, Manchester Senior Center Building Committee, Re: tour of WSC and information for potential new facility
11-16-21	Tamith Rossi, Director and LRP Committee Members, Southbury Senior Center, Re: tour and information for long range planning goals
11-17-21	Abi, Technician, Reliable Refrigeration, Re: PM Kitchen equipment, ice machine repair but needs replacement, PM rooftop equipment
11-29-21	Karen Anderson, Program Director, Re: plan for holiday decorating
11-30-21	WSC Long Range Planning Committee meeting, Re: review questionnaire results

EXECUTIVE DIRECTOR NARRATIVE REPORT FOR NOVEMBER 2021

PERSONNEL & BUDGET

- Center closed Thursday 11-11-21 for Veterans Day holiday, and 11-25 and 11-26-21 for the Thanksgiving holidays.
- Collected all completed WCOA LRP "Community Survey Questionnaires" and asked Jackie Pulit, Volunteer to sort collate and compile results, which were distributed to and reviewed by the LRP Committee on 11-30-21. Also, as promised, a drawing was held and 3 participating members received \$20 gift cards to the Colony Diner.
- Provided tours and in-depth information to a Building Committee group from Manchester Senior Center and a Long-Range Planning committee group from Southbury Senior Center, both on 11-16-21.

FACILITY & EQUIPMENT

- Local elections held at WSC in Activity Room on 11-2-21. Equipment drop off on 10-29 and pick up on 11-3 by DPW. Access, including keys, codes and set up assistance provided to Polling officials on 11-1 with keys returned on 11-3. I brought some left behind items to the Registrar's Office on 11-10-21.
- Sent a follow up email to my original contact, Matt Calvert at Eversource requesting his thoughts on potential future testing and remediation and its impact on the possible construction of Pickle Ball Courts at WSC. Spoke with and sent a follow up email to Rob Baltramaitus, Director of Public Works, regarding potentially locating a court next to the walking path in the area of Oak St. and other possible accommodations to make that work. No response from either of these efforts.
- Still awaiting parts and repair from Advantage Fitness for the heart rate monitoring function on the Recumbent bike and one of the Nu-Steps.
- DPW in 11-8-21 to repair and winterize lawn irrigation system.
- Reliable Refrigeration was in on 11-12-21 to perform preventative maintenance on kitchen equipment including cleaning filters and the ice machine. Subsequently the ice machine stopped working properly and they advised us that it should be replaced. They also returned on 11-17-21 to conduct preventative maintenance including new filters on the rooftop HVAC units and also replace a broken exhaust fan belt.
- New England Mechanical in to repair badly leaking toilet in Memory Lane bathroom on 11-30-21.
- Electrician in on 11-3-21 to replace defective emergency light units in the Fitness Room and LED bulbs in light fixture in ED office.
- Encore Fire Protection in 11-12-21 to perform successful quarterly sprinkler system testing and inspection. Panic alarms also tested successfully during this time.
- I purchased and installed a new Manitowac UDF0140A ice machine in the kitchen on 11-29-21. I also repaired the Kitchen screen door and replaced numerous florescent light bulbs throughout the building.

OTHER

- Our final "Booster shot" clinic at WSC was held on 11-3-21 with Hartford Healthcare staff plus the 3 WFD EMTs as well as Public Health Nurse Anne Bernick. The extra staffing allowed for a much smoother and satisfactory process for those receiving their shots. Other clinics were subsequently held at other locations including SCOW, the Library, Oakdale and the YMCA and this information was shared to all who inquired.
- Participated in the 11-10-21 Veterans Day Program as a speaker and also with some of the set up etc.
- Assisted LVC staff with the Thanksgiving Celebration by picking up undelivered food items at Thurston's and from BJ's, also assisted with set up and passing out trays.
- Assisted Program staff by changing over the tables in the Great Room on 11-5 in preparation for the Holiday Fair on Saturday, 11-6. Returned on 11-6 to assist staff and volunteers to restore the building post fair and again on Sunday to finish up and change all the clocks in the building from Daylight Savings Time.
- Assisted Program staff and volunteers with getting Holiday decorations out of the shed and putting up Christmas trees and hanging decorations.
- Went to Home Depot and purchased a variety of gardening tools for Memory Lane volunteer to use.

PROGRAM DIRECTOR'S REPORT

November, 2021 19 DAYS

WEEKLY ACTIVITY	PD INSTRUCTOR	VOLUNTEER-LED	SESSIONS	ATTENDED
A Matter of Balance	X		0	0
Art Appreciation		X	4	64
Arthritis Exercise Class	X		0	0
Artist Studio		X	2	13
Ballroom Dance Lessons	X		5	67
Basic Social Dance Tues/Thur	X		7	79
Bible Discussion Group		X	2	7
Billiards		X	19	179
Bingo		X	7	286
Bocce		X	0	0
Body in Motion	X		3	31
Bridge (Tuesday & Friday)		X	8	46
Canasta		X	4	34
Cards/Nickel-Nickel		X	3	19
Club 60 Plus Fitness Center		X	14	416
Corn Hole		X	5	19
Craft Corner		X	4	9
Cribbage	X	X	4	29
Current Events		X	0	0
Digital Photography	X		4	24
Fun with Fitness		X	2	11
Gentle Exercise		X	0	0
Gentle Pilates		X	0	0
Golf League	X		0	0
Harmonica Group		X	5	31
Healthy Moves	X		4	42
Knitters and Crocheters	X		4	34
Mah Jongg & MJ Lessons	X		10	90
My Pace	X		3	15
Paint Party	X		0	0
Parkinson's Fitness Class			4	42
Pickleball		X	0	0
Ping Pong		X	2	2
Pinochle	X		3	50
Quilting		X	5	34
Rummikub	X		0	0
Scrabble		X	2	10
Senior Fitnessize		X	0	0
Set Back	X		4	37
Strength and Balance Class	X		8	138
Tai Chi	X		0	0
Tai Chi for Health		X	8	55
Tap Dance		X	5	16
Texas Hold'em			5	59
Thursday Evening Cabaret			0	0
Thursday Evening Dinner			0	0

PROGRAM DIRECTOR'S REPORT

November, 2021 19 DAYS

Total Fitness	X		14	95
Wallingford Sound Chorus			0	0
We got The Beat Drum	X		5	51
Yoga			0	0
Zumba Gold - Mon and Fri	X		0	0
WEEKLY ACTIVITIES TOTALS			188	2,134
MONTHLY ACTIVITIES	Pd Instructor	Volunteer Led	SESSIONS	ATTENDED
AARP Driver Safety Program			0	0
Ask A Realtor	X		1	1
Ask An Attorney	X		1	
Benefits Screening	X		0	0
Billiards Tournaments			0	0
Birthday Party			0	0
Book Club		X	1	11
Cardiac Support Group		X	0	0
Financial Q & A		B. Toomey	1	10
Foot Care Clinic		Dr. Gambardella	1	10
Free Hearing Services		Miracle Ear	1	1
Hospitality Committee Mtg		X	1	12
Let's Do Lunch Bunch			0	0
Member Advisory Council		X	0	0
Military Whist Card Party		X	1	48
Morning Hike		X	1	7
Movie Matinees			2	18
Parkinson's Support Group	X		1	18
Q&A with the WPD		X	1	3
Red Hat Society			1	18
Reiki Treatments	X		3	5
Veterans Coffee House		X	1	23
Veterans Services			0	0
Will, Trust and Probate			1	17
MONTHLY ACTIVITIES TOTALS			19	202
Special Events				
Thanksgiving Celebration		Nov. 17		78
Fall Prevention	CT. Orthopedics	Nov. 22		22
Flu Clinic	VNA	Nov. 17		54
			Total	154
SPECIAL EVENTS TOTALS				

PROGRAM DIRECTOR'S REPORT

November, 2021 19 DAYS

Groups and Workshops				
A.G.E. Workshop			Nov. 18	8
Artful Endeavors			Nov. 15	9
Balance Workshops				
Candle Making				
Chakra 101				
Drum Circle @ SCOW				
Genealogy Workshop			Nov. 22	5
Guided Imagery				
iPad Users' Group				cancelled
Paint Party				
Reiki Certification Class				
Scarves to Dye For				
T.A.B.s			Nov. 17	5
GROUPS & WKSHOPS TOTALS				27
USE OF THE FACILITY BY OTHER GROUPS				
TRAVEL PROGRAM				
TRIP	TRAVEL COMPANY	DATES		ATTENDED
Grand Oak Villa USO Program	Friendship Tours	Nov. 10		37
TRAVEL PROGRAM TOTAL				
MEETINGS ATTENDED BY PROGRAM DIRECTOR				
WCOA		Nov. 18		
Staff Meeting		Nov. 4		
One Book One Wallingford		Nov. 19		
November Notes:				
<p>Special Events at the Senior Center are starting to bring more people into the center. Some of the Special Events included: Flu Clinic, Thanksgiving Celebration, Holiday Movie.</p> <p>Food Drive held in November, 378 lbs of food items donated to Masters Manna</p> <p>Toys for Tots Toy drive sponsored by the Wallingford Police Department.</p> <p>Holiday for Giving - Items to be collected variety of new, unwrapped toys for kids; non-perishable food items, toiletries, paper goods etc.</p> <p>A couple of bus trips were offered this fall. The next day trip is scheduled for April.</p> <p>2 passengers traveled to Santa Fe in December.</p> <p>Tax Prep for 2021 taxes will begin in February 2022.</p> <p>AARP Safe Driving Course will begin in February 2022.</p>				

Social Services Report
Meg McCreedy
Social Services Coordinator

November 2021

During the month of November, the Social Services Coordinator continued to have meetings by telephone and in person.

During the month of November there were 589 units of service.

Heating assistance applications are being processed expeditiously, after a tenuous start due to staffing shortages and technology challenges.

In office visits, regarding housing availability, has increased as eviction “notices to quit” are being processed and served. Very few rents are available within income range in the immediate Wallingford area and the Local Housing Authority is not accepting new applications at this time. New Haven has affordable rents and is accepting new applicants to subsidized housing. The preference is to stay close to or in Wallingford. Assistance is provided with the process of delaying evictions and applying online for housing.

Medicare open enrollment will conclude on December 7, much to the relief of seniors that were assisted with the process of choosing the best plans for their budgets. The New Year will bring a much needed 5.9% “cost of living” increase to social security benefits. The hope is that this increase will be enjoyed for a few months before costs and expenses increase (food, rent, medications, transportation etc.).

As the holidays approach, there is understandably an upturn in the need for mental/behavioral health sessions. Add to this yet another COVID variation to dampen the spirits.

Seniors that are fully vaccinated and those that must wear masks are encouraged to return to the center and enjoy the variety of activities offered to offset the range of emotions that are prevalent at this time of year. Staying physically active within levels of ability are healthful. Those that have delayed getting vaccinated and are able are seeking out the vaccine in greater numbers.

For many people, this is the only time of year to see certain family members, which presents an issue of wanting to spend quality time together without risking anyone's health.

Seniors are happy to share, that family members are taking steps to limit contact with other people, in the two weeks leading up to their visits during the holidays. They are even receiving a COVID test a few days before their visit. It is easy to find centers for these tests in the community. Many pharmacies and grocery stores also carry at-home testing kits that can be purchased. Wearing a mask, hand washing, and events outside are ways to stay protected from the addition of cold and flu season.

11/03/21	Meeting with Debbie M. regarding mutual client
11/03/21	Attended Energy Assistance Documents – Delivered New Opp. Meriden
11/04/21	Attended Webinar Medicare in 2022 - Medicare in 2022
11/05/21	Attended A Virtual Town Hall with Sen. Richard Blumenthal - Ossen Medicare Outreach, Education and Advocacy Project
11/05/21	Meeting with Debbie M. regarding mutual client
11/10/21	Energy Assistance Documents – Delivered New Opp. Meriden
11/12/21	Attended ZOOM Caregiver Symposium
11/15/21	Attended ZOOM MMW CAN Community Partners Mtg.
11/16/21	Energy Assistance Documents – Delivered New Opp. Meriden
11/17/21	Attended New Haven Area Senior Networking
11/18/21	Attended Allaire Elder Law & Hartford HealthCare Senior Services Webinar
11/23/21	Energy Assistance Documents – Delivered New Opp. Meriden
11/30/21	Meeting with Debbie M. regarding mutual client
11/30/21	Energy Assistance Documents – Delivered New Opp. Meriden

INFORMATION, ASSISTANCE, FOLLOW UP STATISTICS SOCIAL WORKER REPORT 2021	November		
	I & A	FOLLOWUP CALLS	APPOINTMENTS OFFICE/OUTREACH
ABUSE NEGLECT PROBLEMS	2	2	
ADULT DAY CARE			
ADVANCED DIRECTIVES	2	2	
AGENCY ON AGING	10	10	
ASSISTED LIVING	4	4	
BEHAVIORAL HEALTH/SUBS/ABUSE/GAMBLING/HOARDING	15	31	24
BENEFITS CHECKUP	7	9	2
CHORE/HOMEMAKER/FRIENDLY VISITOR	4	4	
COMPANION/LIVE-IN	4	4	
CONGREGATE HOUSING	3	3	
CONGREGATE MEALS//ENP			
CONSERVATORSHIP	2	2	
CT HOMECARE PROGRAM	2	2	
ENERGY ASSISTANCE	60	60	47
FINANCIAL ASSISTANCE	6	6	
FOOD PANTRY/OTHER	6	6	
FOOD STAMPS	4	4	
GERIATRIC ASSESSMENT PROG.			
HEALTH INSURANCE/DENTAL	2	2	
HOME HEALTH	4	4	
HOME REPAIR	4	4	
HOMESHARE			
HOUSING	10	10	7
INCOME TAX			
LEGAL	6	6	
LONG TERM CARE OMBUDSMAN			
MEALS ON WHEELS	1	1	
MEDICAID			
MEDICARE	32	32	16
MEDIGAP			
MEMORY LANE	3	3	
POWER OF ATTORNEY	3	3	
SKILLED NURSING HOMES	2	2	
SOCIAL SECURITY	7	7	6
STATE SUPPLEMENTAL/SSI	2	2	
STATEWIDE RESPITE PROGRAM			
SUPPORT GROUP/RESPITE	3	3	
TAX/RENT REBATE	7	7	3
TRANSPORTATION	4	4	
VETERAN'S PROGRAM	5	5	
WEAP	6	6	
YOUTH & SOCIAL SERVICES	1	1	
TOTALS	233	251	105
TOTAL UNITS	589		

WALLINGFORD SENIOR CENTER
MEMORY LANE REPORT
NOVEMBER 2021

GENERAL STATISTICS:

Active Participants	16	Days of Service	19
Wallingford	12	Service units actual	162
Out of town	04	Service units budget	199.5
New	01	Service units if full	285
Discharged	03	Average attendance	8.5
Referrals	03	Budgeted attendance	10.5
Assessments	00	Capacity attendance	15

Regular Meetings:

11/01/21	Staff Meeting
11/03/21	Meeting w/Meg McCreedy, Social Worker
11/05/21	Meeting w/Meg McCreedy, Social Worker
11/19/21	Attended Board Meeting-Update on ML
11/30/21	Meeting w/Meg McCreedy, Social Worker

Other Meetings:

None.

Marketing Meetings:

11/17/21	Thanksgiving Celebration, Atria, Larson Place Hamden
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Qualitative Statement:

We participated in the Veteran's Program with the Senior Center. We had two of our gentlemen who were Veterans, as well as Karen Kennedy, my co-worker, participate. It was a wonderful celebration and they were all happy to participate. We attended the Thanksgiving Day Program with the Senior Center. The meal was delicious and we really enjoyed the entertainer. Erin has been fantastic, sharing her exercise programs with us once a week.

We gained a new client but three left our program this month. Our attendance is staying consistent. We are looking forward to a mild winter without much snow and illness. We all enjoyed putting up the Christmas decorations and we look forward to a month of music and festivities. We are all thankful to be back spending time together. We are all looking forward to the holidays this year and wish you all a healthy, peaceful holiday season.

Warm Regards,

Debbie Markiewicz
Memory Lane Coordinator